

A romantic evening scene set in a tropical location. A couple, a man in a white shirt and dark pants and a woman in a long white dress, are embracing on a grassy lawn. Above them, a large, ornate chandelier with many lit candles hangs from a thick tree branch. The background features palm trees and a building with warm interior lights visible through the windows. The sky is a deep twilight blue.

*Rendezvous*  
STOLEN TIME

TIME IS SO PRECIOUS,  
SMART COUPLES STEAL IT.

FOR YOUR SPECIAL TIME  
TOGETHER OVER THE HOLIDAYS!

## Bien Veni / Welcome!

Welcome to the holiday of StolenTime, designed to remind special couples like you what made you special together in the first place.

Within the context of the frenetic pace of life today, we recognize that spending quality time together to reconnect is not easy to orchestrate. This is why we have created a place and a holiday of StolenTime that you can fully customize to meet your specific needs and desires. Within the Five Holiday Experience Themes carefully selected to inspire you and enrich your relationship, we invite you to select the activities or experiences that speak to you:

- Authentic St. Lucia Experiences
- Soft Adventure/Discovery
- Professional Idling
- Body & Mind
- Couples Therapy

Daily, we have created the opportunity for you to tap into any one of these sources of enrichment highlighted throughout our weekly program. Every activity or experience is designed for you as a couple to learn new things, develop new skills and to take away some priceless memories together on your return home. We hope that you will reach into those memories to reboot your relationship every time you feel the need.

Thank you for choosing the Holiday of StolenTime.

Time is so precious smart couples steal it!

**Happy Holidays!**

From the Rendezvous Team.



**Monday, 24 December, 2018**

07:00	Beach Fit	Terrace Beachfront
07:00	Gentle Yoga	Beach Studio
	<b>Taste of Saint Lucia!</b>	
07:30	Local Sorrel Punch Tasting	Terrace Restaurant
08:00	Beginners' Tennis Clinic	Tennis Court
08:15	Discover Scuba Diving *	Scuba
<b>08:50</b>	<b>Bike Ride to Castries</b>	<b>Porte Cochere</b>
09:00	Beginners' Archery	Archery Range
09:00	Body Stretch	Beach Studio
09:30	Intermediate Tennis Clinic	Tennis Court
10:00	Scuba Diving (One Tank)	Scuba
10:00	Resort Tour	Terrace
10:00	Windsurfing Lesson	Water sports
10:00—11:30	Sailing and Skiing Lessons	Water sports
<b>11:00</b>	<b>Creole and History Lesson</b>	<b>Terrace</b>
<b>11:00</b>	<b>Fun Challenge—Sand Sculpting</b>	<b>Terrace Beachfront</b>
12:00	Aqua Fitness	Water Garden Pool
	<b>12:30-14:30 Lunch</b>	<b>Terrace Restaurant</b>
14:00 –15:30	Sailing and Skiing Lesson	Water sports
14:00-16:30	Tubing	Watersports
<b>15:00</b>	<b>Beach Cricket—Santa's Reindeers vs. Stolen Time Stars</b>	<b>Terrace Beachfront</b>
15:00	Swing Dance Lesson	Beach Studio
16:00	Social Tennis Mix	Tennis Court
<b>16:00-18:00</b>	<b>Afternoon Tea</b>	<b>Terrace</b>
16:30	Beach Volleyball Game	Volleyball Court
<b>16:30</b>	<b>Wine Shop</b>	<b>Boardwalk</b>
17:00	Light House Power Walk	Upper Boardwalk
<b>19:00-20:00</b>	<b>Champagne Reception with Live Saxophonist</b>	<b>Garden</b>
<b>19:00-21:00</b>	<b>Table d'hôte Menu</b>	<b>Malabar Beach Club</b>
<b>19:30-21:30</b>	<b>Gala Buffet Dinner featuring Live Pianist</b> Chef's favourite Christmas dishes.	<b>Terrace Restaurant</b>
<b>20:00</b>	<b>Help us decorate the tree Saint Lucian style</b>	<b>Terrace</b>
<b>21:15-22:45</b>	<b>Live Band</b>	<b>Terrace</b>
22:00-01:00	Pianist Serenades	Champagne Bar

Please note that Activities are subject to change.  
See our In-house Display Board for Additional Daily Activities

**\*Please enquire about this activity**

**\*\*Additional Cost (💎Must be booked in advance)**

**Authentic St. Lucian Experiences \***

**Taste of Saint Lucia—7:30 a.m.**

Join our team and experience an authentic taste of our most famous Christmas Drink.



**Church service - 09:00 p.m.**

See reception for more information.



**Soft Adventure/Discovery**

**Windsurfing & Group Couples Sailing Lesson - 10:00 a.m.**

Sail together out into the blue ocean, the blue ocean of your relationship.



**Professional Idling**

**Wine Shop- Boardwalk— 4:30 p.m.**

Join our Wine Sommelier at the upper boardwalk and take a journey through your palette to many of the world's very special wine vineyards.



**Couples Therapy**

**Sand Sculpting - 11:00 a.m.**

Come show us your skills! What can you build? Join us for Sand Sculpting Competition and 11:00 a.m. on the Terrace BeachFront



**Beach Cricket - 3:00 p.m.**

Join us in a fun Game of Beach Cricket and we play SANTA'S REINDEERS VS STOLEN TIME STARS



**Body & Mind**

Gentle Yoga is often considered easier, less intense, non-strenuous, minimalistic, quiet, meditative, or restorative. But these words that are intended to be descriptive can still seem broad and vague.



07:00	Morning Jog	Upper Boardwalk
07:00	Partner Yoga	Beach Studio
<b>07:30</b>	<b>Champagne Breakfast</b>	<b>Terrace Restaurant</b>
<b>08:00</b>	<b>Church Service</b>	<b>Castries</b>
08:00	Beginners' Tennis Clinic	Tennis Court
08:15	Marine Park Dive **	Scuba
09:00	Body Stretch	Beach Studio
09:00	Intermediate Archery	Archery Range
09:30	Intermediate Tennis Clinic	Tennis Court
10:00	Pilates	Beach Studio
10:00	Resort Tour	Terrace
10:00	Windsurfing Lessons	Watersports
10:00-11:30	Skiing and Sailing Lessons	Watersports
<b>11:00</b>	<b>Fun Challenge with the Elves</b>	<b>Beachfront</b>
	<b>HOUSE WARMING WITH A VISITOR FROM THE NORTH POLE</b>	
12:00	Aqua Fitness	Water Garden Pool
<b>12:30-14:30</b>	<b>Barbecue Lunch</b>	<b>Terrace Restaurant</b>
<b>12:45-14:45</b>	<b>Live Steel Band</b>	<b>Terrace BeachFront</b>
14:00	Scuba Dive ( One Tank Dive )	Scuba
14:00-15:30	Sailing and Skiing Lessons	Watersports
14:00-16:30	Tubing	Watersports
14:15- 14:45	Legs, Bums and Tums	Beach Studio
<b>15:30</b>	<b>Local Mixology Lesson</b>	<b>Pool Bar</b>
16:00	Social Tennis Mix	Tennis Court
<b>16:00</b>	<b>Merengue Dance Lesson</b>	<b>Beach Studio</b>
16:30	Beach Volleyball Game	Volleyball Court
17:00	Walk to the Light House	Upper Boardwalk
19:00-20:00	Champagne Tasting	Champagne Bar
<b>19:00-21:00</b>	<b>Table d'hôte Menu</b>	<b>Malabar Beach Club</b>
<b>19:30-21:30</b>	<b>Five Course Table d'hôte Menu</b>	<b>The Trysting Place</b>
<b>21:15-22:45</b>	<b>Romance By The Sea</b>	<b>Terrace Restaurant</b>
22:00	Pianist Serenades	<b>Beach</b>
		Champagne Bar

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## Wednesday, 26 December, 2018

### Authentic St. Lucian Experiences • Church service - 8:00 a.m.

See reception for more information.

### Soft Adventure/Discovery

#### Windsurfing & Sailing Lesson - 10:00 a.m.

Sail together out into the blue ocean, the blue ocean of your relationship.

#### Marine Park Scuba Diving \*\*

Discover St. Lucia's under water world together. Visit the Marine Reserve. **Sign up at Scuba 24 hrs. before**

### Body & Mind

#### Partner Yoga - Rotund - 7:00 a.m.

Partner Yoga is a medium for building stronger communication and intimacy between two people in a relationship. Posture and flow of movement sequences are designed to bring communication into a tangible, physical form.

#### Merengue Dance Lesson - Beach Studio - 4:00 p.m.

If you simply wish to get moving on the dance floor, this Latin American Dance is easy and quick with a Caribbean Twist. One of the more playful dances, with lots of turns and spins.

#### Local Mixology Lesson - Pool Bar - 3:30 p.m.

Spend time with one of our skilled mixologists and discover hidden recipes and world renowned local rums.

#### Steel Pan Music - Terrace Restaurant - 12:45 p.m.

Come enjoy some sweet sounds of Caribbean Steel Pan music.



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19:00—20:00

**19:00-21:00**

**19:30-21:30**

**21:15-22:45**

**22:00 - 01:00**

Lighthouse Power Walk

Pilates

**Beach Fit**

Beginners' Tennis Clinic

Discover Scuba Diving\*\*

Beginners' Archery Lesson

Body Stretch

**One Tank Scuba Boat Dive**

Resort Tour

Body Tone

Windsurfing Lessons

Intermediate Tennis Clinic

**Learn To Massage Each Other**

Fun Challenge (Table Tennis)

Aqua Fitness

**Lunch**

Sailing and Skiing Lessons

Tubing

Absolution

Caribbean Dance Fit

Aqua Fitness

**Garden Party -**

**Authentic Saint Lucian Experiences**

**Creole Garden Party** featuring Mas-

querade, Drummers and Modeling of

Saint Lucia's National Wear

**Jog to the Old Barracks**

Champagne Tasting

**A La Carte Dinner**

**West Indian Buffet**

**Live Entertainment**

**Pianists Serenades**

Upper Boardwalk

Beach Studio

**Terrace Beach Front**

Tennis Court

Scuba

Archery Range

Beach Studio

**Scuba**

Terrace

Beach Studio

Water sports

Tennis Court

**Spa**

Beachfront

Water Garden Pool

**Terrace Restaurant**

Water sports

Watersports

Beach Studio

Beach Studio

Water Garden Pool

**Samaan Lawn**

**Upper Boardwalk**

Champagne Bar

**Malabar Beach Club**

**Terrace Restaurant**

**Terrace**

**Champagne Bar**

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## Thursday, 27 December, 2018

### Soft Adventure/Discovery

#### EnBas Saut Hike - Terrace - 6:30 a.m. \*\*

Enjoy a two hours drive to the south, hike into the interior of the island and view the luscious waterfall. It's an experience of a lifetime.



#### Cocoa Plantation and Chocolate Making - Porte Cochere - 9:00 a.m. \*\*

Learn how cocoa is harvested and produced from the bean stage. You will experience bean tasting, de-shelling, grinding, and recipe formulation, and the excitement of making your own chocolate bar!



### Authentic Saint Lucian Experiences

#### Jewelry Making Lesson - Upper Terrace - 10:30 a.m.

Be creative and learn the unique craft of using local resources to create exquisite jewelry. Join Ms. Faye to learn on the Terrace at 10:30 a.m.



#### Garden Party—Samaan Lawn—4:00 p.m.

Join us for a fun filled afternoon of full blown St. Lucian Experience as we present you with a Garden Party and Afternoon Tea.



### Couples Therapy

#### Learn To Massage Each Other - Spa - 11:00 a.m. - 12:00 noon ♦

There is no better gift after a long day or when relaxing at home together than to give your love a simply relaxing Massage. Learn how to give each other this gift. **(sign up required)**



### Body & Mind

#### Pilates - Beach Studio - 7:00 a.m.

Pilates is a gentle, yet efficient strength workout and supports physical and mental wellbeing. Pilates exercises release endorphins in your brain which help you to feel better.



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Gentle Yoga  
Morning Jog  
**Botanical Garden Walk**  
Beginners Tennis Clinic  
Marine Park Dive\*\*  
**Bike Tour to Point Seraphine**  
Intermediate Archery Lesson  
**Body Stretch**  
Legs, Bums and Tums  
Windsurfing Lessons  
Sailing and Skiing Lesson  
Intermediate Tennis Lesson  
Resort Tour  
**Fun Challenge—Staff Vs. Guests**  
Aqua Fitness

Beach Studio  
Boardwalk  
**Terrace**  
Tennis Court  
Scuba  
**Porte-Cochere**  
Archery Range  
**Beach Studio**  
Beach Studio  
Water sports  
Water sports  
Tennis Court  
Terrace  
**Beachfront**  
Water Garden Pool

#### 12:30-14:30 Lunch

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Scuba Dive (One Tank Dive)  
Sailing and Skiing Lessons  
Tubing  
Aqua Fitness  
Body Tone  
**Swing Dance Lesson**  
Local Mixology Lesson  
Social Tennis Mix  
**Beach Volleyball Staff vs Guests**  
Wine 101  
**Couples Pilates**  
Light House Power Walk

#### Terrace Restaurant

Scuba  
Water sports  
Watersports  
Water Garden Pool  
Beach Studio  
**Rotund**  
Pool Bar  
Tennis Court  
**Volleyball Court**  
Upper Boardwalk  
**Beach Studio**  
Upper Boardwalk

19:00-20:00  
**19:00-21:00**

Champagne Tasting  
**A La Carte Dinner**

Champagne Bar  
**Malabar Beach Club**  
**The Trysting Place**

**19:30-21:30**

**Table d'hôte**

**Terrace Restaurant**

**21:15-22:45**

**Live DJ Entertainment**

**Terrace**

22:00-01:00

Pianists Serenades

Champagne Bar

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**Soft Adventure/Discovery**  
**Pigeon Island Historical Tour - Porte Cochere - 9:00 a.m. \*\***

A living museum within a natural setting, Pigeon Island is being nurtured through careful protection and intelligent development to serve the intellectual, cultural and recreational needs of all who visit this historic site.

**Group Couples Sailing Lesson - Watersports - 10:00 a.m.**

Sail together out into the blue ocean, the blue ocean of your relationship.

**Marine Park Scuba Diving \*\***

Discover St. Lucia's under water world together. Visit the Marine Reserve. **Sign up at Scuba 24 hrs. before.**

**Body & Mind**

**Couples Pilates - Rotund - 5:00 p.m.**

Pilates is a gentle, yet efficient strength workout and supports physical and mental wellbeing. Pilates exercises release endorphins in your brain which help you to feel better. Feel better together.

**Swing Dance Lesson— Rotund— 3:15p.m.**

Dancing can be a way to stay fit for people of all ages, shapes and sizes. It has a wide range of physical and mental benefits.

**Authentic St. Lucian Experiences**

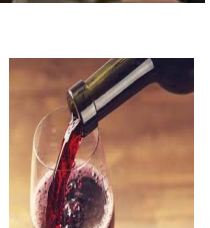
**Exclusive Local Chefs' Cook Off ♦ • \*\***

You be the judge! Experience the culinary skills of one of our in-house chefs vs. a local chef who will prepare one of their favorite local dishes. Enjoy the creativity, flavours and presentation from the chef.

**Professional Idling**

**Wine 101 - Upper Boardwalk- 4:30 p.m.**

Join our Wine Sommelier at the upper boardwalk and take a journey through your palette to many of the world's very special wine vineyards.



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**19:00 - 21:00**

**19:30 - 21:30**

**20:00 - 22:45**

**22:00 - 01:00**

**Lighthouse Power Walk**

Sunrise Yoga

Beach Fit

Beginners' Tennis Clinic

**Body Stretch**

Archery Tournament

Resort Tour

Windsurfing Lessons

Sailing and Skiing Lessons

Intermediate Tennis Clinic

Couples Tubing

**Fun Challenge - Bowling**

Aqua Fitness

**Lunch**

Sailing and Skiing Lessons

Absolution

**Steel Pan Lesson**

Caribbean Dance fit

Tennis Tournament

**Botanical Garden Walk**

Beach Volleyball Game

**Sunset Cruise**

**Partner Yoga**

Jog to the Old Barracks

Champagne Tasting

**A La Carte Dinner**

**Dinner and a St. Lucian Beach Lime**

Chargrilled Meats, Fish and Poultry infused with local herbs and spices with tantalizing desserts

**Live Steel Band Entertainment**

**Limbo Show and Bonfire**

Fire Eating And Limbo

**Upper Boardwalk**

Beach Studio

Terrace Beachfront

Tennis Court

**Beach Studio**

Archery Range

Terrace

Water sports

Watersports

Tennis Court

Water sports

**Upper Boardwalk**

Water Garden Pool

**Terrace Restaurant**

Water sports

Beach Studio

**Pool Bar**

Beach Studio

Tennis Court

**Terrace**

Volleyball Court

**Porte Cochere**

**Beach**

Upper Boardwalk

Champagne Bar

**Trysting Place**

**Terrace Restaurant**

**North Beach**

**North Beach**

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## Saturday, 29 December, 2018

### Soft Adventure/Discovery

#### Piton Nature Walk - Porte Cochere - 6:30 a.m. \*\*

If the idea of climbing to the top of Gros Piton seems impossible, why not walk this Nature Trail instead? Located between the iconic Pitons this scenic nature trail is heavenly.



#### Rhythm of Rum Tour - Porte Cochere - 9:00 a.m. - 1:00 p.m. \*\*

Sail by Catamaran down the coast to picturesque Marigot Bay, then drive through to Roseau lush valley to visit the distillery. A guided factory tour will give the opportunity to try at least 16 types of local blends of rums and liqueurs.



### Authentic St. Lucian Experiences

#### Farm to Table - Tour to farm or Market 10:00 a.m.

#### Cooking Class and Dinner Party 7:00 p.m. \*\*

Are you adventurous? Are you a foodie by heart? Try our farm to table experience. Meet the farmer at the market; explore new ingredients while enjoying the Lucian culture and lively atmosphere of the local trade. Bring home your market ingredients and give the chef a hand in preparing dinner and see how your fresh ingredients have been transformed into a sumptuous local dish. Take the opportunity to learn a few of the chef's secrets and techniques for when you are at home and then enjoy your masterpiece.

**(Please reserve in advance)**



#### Bottom Fishing - Special Experiences Desk -1:00 p.m.\*\*

The Scuba Team invites you for an afternoon of —bottom fishing on our 32 ft calypso marine.



### Couples Therapy

#### Steel Pan Lesson - Pool Bar - 3:00 p.m.

Make music together, learn to create vibrant sounds on steel pan. This fun class is a great way to experience Caribbean rhythms.



### Body & Mind

#### Partner Yoga - Beach - 5:00 p.m.

Partner Yoga is a medium for building stronger communication and intimacy between two people in a relationship. Posture and flow of movement sequences are designed to bring communication into a tangible, physical form.



Please note that Activities are subject to change.  
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\* **Please enquire about this activity**

\*\* **Additional Cost (Must be booked in advance)**

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14:00-16:30

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**15:00**

16:30

**17:00**

#### 19:00-20:00

#### 19:00-21:00

#### 19:30-21:30

#### 21:15-22:45

#### 22:00- 01:00

### Beach Fit

Gentle Yoga

Beginners' Tennis Clinic

Marine Park Dive \*\*

**Walk to Castries Craft Market**

**Body Stretch**

Resort Tour

Windsurfing Lessons

Sailing and Skiing Lessons

Intermediate Tennis Clinic

Wood Carving Lesson

Body Tone

**Beach Cricket Game**

Aqua Fitness

Legs, Bums and Tums

### Lunch

Sailing and Skiing

Tubing

Local Mixology Competition

**Caribbean Dance Fit**

Beach volleyball Game

**Vigie Strip Run**

### Champagne Tasting

### A La Carte Dinner

### Table d'hôte Dining

### Live Entertainment (Band)

### Pianist Serenades

### Terrace Beachfront

Boardwalk

Tennis Court

Scuba

**Terrace**

**Beach Studio**

Terrace

Water sports

Watersports

Tennis Court

Boardwalk

Beach Studio

**Boardwalk**

Water Garden Pool

Beach Studio

### Terrace Restaurant

Watersports

Watersports

Pool Bar

**Beach Studio**

Volleyball Court

**Upper Boardwalk**

### Champagne Bar

### Malabar Beach Club

### The Trysting Place

### Terrace Restaurant

### Terrace

### Champagne Bar

Please note that Activities are subject to change.  
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\*\* **Additional Cost (Must be booked in advance)**



## Sunday, 30 December, 2018

### Soft Adventure/Discovery

**Marine Park Scuba - Diving Scuba Shop - 7:00 a.m. - 3:00 p.m. \*\***

Discover St. Lucia's under water world together. Visit the Marine Reserve. **Sign up at Scuba 24 hrs. before.**



### Couples Therapy

**Local Mixology Competition - Champagne Bar - 3:00 p.m.**

Spend time with one of our skilled mixologists and discover hidden recipes and world renowned local rums.



### Body & Mind

**Caribbean Dance Fit - Beach Studio - 3:00 p.m.**

Caribbean Dance fit is an open level experience, so you do not have to be an experienced dancer to do the workout.



### Authentic St. Lucian Experiences 11:00

**Encounter with Local Craftsman Mr. Jn Baptiste for Wood Carving**

Have you ever experienced the joy of creating something and the hours just seem to slip by? This is a true sign of something that you love to do. Let's discover that love of woodcarving together! Join Mr. Jn Baptiste to learn in the garden at 11:00 a.m.



07:00

Lighthouse Walk

Boardwalk

07:00

Beach Fit

Terrace Beach Front

**09:00**

**Body Stretch**

**Beach Studio**

10:00

Resort Tour

Terrace

10:00

Windsurfing Lessons

Water sports

10-11:30

Sailing and Skiing Lessons

Watersports

11:00

Body Tone

Beach Studio

**11:00**

**Fun Challenge (Table Tennis Tournament)**

**Boardwalk**

12:00

Aqua Fitness

Water Garden Pool

**12:30-14:30 Lunch**

**Terrace Restaurant**

14:00-15:00

Sailing and Skiing Lesson

Watersports

14P:00-16:30

Tubing

Watersports

**14:30**

**Fun Challenge**

**Pool Bar**

15:00

Aqua Fitness

Water Garden Pool

16:00

Tango Dance Lesson

Beach Studio

16:30

Beach volleyball Game

Volleyball Court

**16:30**

**Wine Shop**

**Upper Boardwalk**

**19:00-20:00 Champagne Tasting**

**Champagne Bar**

**19:00-21:00**

**A La Carte Dinner**

**Malabar Beach Club**

**19:30-21:30**

**Buffet Style Dinner**

**Terrace Restaurant**

**21:00-24:00**

**Casino and Grand Auction**

**Trysting Place**

**21:00-24:00**

**Stars and a Movie**

**Terrace Beachfront**

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## Monday, 31 December, 2018 New Years Eve

**Authentic St. Lucian Experiences**  
**Church services - Porte Cochere - 8:00 a.m. •**  
 See reception for more information.



**Soft Adventure/Discovery**  
**Windsurfing Lesson & Group Couples Sailing Lesson -**  
**Watersports - 10:00 a.m.**  
 Sail together out into the blue ocean, the blue ocean of your relationship.



**Body & Mind**  
**Tango Dance — Rotund— 3:00 p.m.**  
 A sensual ballroom dance in which couples make long pauses in difficult positions, characterized by marked rhythms and postures and abrupt pauses.



**Professional Idling**  
**Wine Shop - Upper Boardwalk- 4:30 p.m. \*\***  
 Join us to enjoy a taste of selected wines and learn about their characteristics, enhance your knowledge and have the opportunity to explore new wines.



**Couples Therapy**  
**Rendezvous Grand Casino & Auction - Trysting Place - 9:00 p.m.**  
 Try your luck and have some fun playing roulette, black jack & poker.  
 All your winnings from the casino go towards the grand auction



**07:00** Lighthouse power Walk  
**07:00** Discover Scuba Diving\*  
**08:15** Botanical Garden Walk  
**09:00** Introduction to Archery  
**09:00** Resort Tour  
**10:00** Windsurfing Lessons  
**11:00** **Fun Challenge (Beach Games)**  
**12:00** Aqua Fitness

**12:30-14:30 Lunch**

**14:00-16:30** Tubing  
**15:00** Caribbean Dance Lesson  
**16:30** Beach volleyball Game  
**17:00** Gentle Yoga

**19:00-20:00** **Champagne Reception**  
 Live Duo of Vocals and Guitar

**19:00-21:00** **Gourmet Table d'hôte Dining**  
**19:30-21:30** **Gala Buffet Dinner**

**20:00-21:00** Live Pianist & Saxophonist  
**21:00-22:00** **Big Band Entertainment presented by the Royal St. Lucia Police Band**

**22:15-2:00** Live Band

**23:55** **Make that special start to the New Year Together - Count Down to midnight**  
**Spectacular Fireworks Display**

**24:00** Wish upon a lantern  
**01:00-02:00** Late Night Snack Bar

**Beach Studio**  
 Upper Boardwalk  
 Scuba  
 Terrace  
 Archery Range  
 Terrace  
 Water sports  
**Boardwalk**  
 Water Garden Pool

**Terrace Restaurant**

Watersports  
 Beach Studio  
 Volleyball Court  
 Beach Studio

**South Beach**

**The Trysting Place**  
**Terrace Restaurant**

Terrace  
**Terrace**

Terrace

**South Beach**

Beachfront  
 Terrace

Please note that Activities are subject to change.  
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 \* **Please enquire about this activity**  
 \*\* **Additional Cost (💎Must be booked in advance)**

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**Tuesday, 1 January, 2019**

**Authentic St. Lucian Experiences**  
**Church services - Porte Cochere - 8:00 a.m. \***  
 See reception for more information.



**Body & Mind**  
**Couples Tai Chi - Beach Studio - 7:00 a.m.**  
 Embrace your physical, mental and spiritual being, by learning the traditional ancient movements and graceful forms of tai chi. Often described as meditation in motion, Tai Chi helps increase flexibility and motion.



**Soft Adventure/Discovery**  
**Windsurfing Lesson & Group Couples Sailing Lesson - Watersports - 10:00 a.m.**  
 Sail together out into the blue ocean, the blue ocean of your relationship.



**Body & Mind**  
**Caribbean Dance Fit - Beach Studio - 3:00 p.m.**  
 Caribbean Dance fit is an open level experience, so you do not have to be an experienced dancer to do the workout.



07:00	Morning Stroll	Terrace
<b>07:30-12:00</b>	<b>All Morning Breakfast Buffet with Bloody Mary's</b>	<b>Terrace Restaurant</b>
09:00	Tai Chi	Beach Studio
10:00	Body Stretch	Beach Studio
10:00	Resort Tour	Terrace
10:00	Windsurfing Lesson & Group Couples Sailing Lesson	Water sports
<b>11:00</b>	<b>Authentic St. Lucia Cooking</b>	<b>Terrace</b>
<b>11:15</b>	<b>Table Tennis Tournament</b>	<b>Table Tennis Board</b>
<b>12:00</b>	<b>Aqua Fitness</b>	<b>Water Garden Pool</b>
<b>12:30-14:30</b>	<b>Lunch</b>	<b>Terrace Restaurant</b>
14:00 - 15:30	Sailing and Skiing Lesson	Watersports
14:00-16:30	Tubing	Watersports
<b>14:30</b>	<b>Fun Challenge - Bocci Ball</b>	<b>Pool Bar</b>
<b>15:00</b>	<b>Legs, Bums and Tums</b>	<b>Beach Studio</b>
15:00	Reggae Dance Lesson	Rotund
16:30	Beach Volleyball Game	Volleyball Court
<b>16:30</b>	<b>Wine 101</b>	<b>Upper Boardwalk</b>
19:00-20:00	Champagne Tasting	Champagne Bar
<b>19:00-21:00</b>	<b>A La Carte Dinner</b>	<b>Malabar Beach Club</b> <b>The Trysting Place</b>
<b>19:30-21:30</b>	<b>Table d'hôte Dining</b>	<b>Terrace Restaurant</b>
<b>21:15-22:45</b>	<b>Romance By The Sea</b>	<b>Terrace Beachfront</b>
22:00-01:00	Pianist Serenades	Champagne Bar

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## Food & Wine

**Authentic St. Lucian Experiences**  
**Church services - Porte Cochere - 8:00 a.m. •**  
See reception for more information.



**Body & Mind**  
**Couples Tai Chi - Beach - 9:00 a.m.**  
Embrace your physical, mental and spiritual being, by learning the traditional ancient movements and graceful forms of tai chi. Often described as meditation in motion, Tai Chi helps increase flexibility and motion.



**Soft Adventure/Discovery**  
**Windsurfing Lesson & Group Couples Sailing Lesson - Watersports - 10:00 a.m.**  
Sail together out into the blue ocean, the blue ocean of your relationship.



**Body & Mind**  
**Reggae Dance lesson -Rotund - 3:00 p.m.**  
Learn to dance Reggae, a rich reflection of Caribbean spirit.



**Professional Idling**  
**Wine 101 - Upper Boardwalk- 4:30 p.m.**  
Join our Wine Sommelier at the upper boardwalk and take a journey through your palette to many of the world's very special wine vineyards.



**Each night spent around the holiday with your loved one should be memorable. We recommend the following for your enjoyment.**

### *Christmas Eve.*

- ◆ **Moët et Chandon Brut Rosé Imperial N.V., Epernay, France - US\$ 138.00**
- ◆ **Piper Heidsieck Brut, N.V., Reims, France - US\$ 121.00**
- ◆ **2011 Turcheim, Riesling, "Vielles Vignes", Alsace - US\$ 64.00**
- ◆ **2013 Paul Jaboulet Aine', Cotes du Rhone-Parallele 45, Valle' du Rhone - US\$ 39.00**

### *Christmas day:*

- ◆ **Moët ICE Imperial, Demi-Sec, N.V. Epernay, France - US\$ 143.00**
- ◆ **2013 La Crema, Pinot Noir, Sonoma, California - US\$73.00**
- ◆ **2015 Estancia Unoaked Chardonnay Monteney County. California - US\$ 53.00**
- ◆ **2016 Henri Bourgeois "Le Baronnes" Sanaerne Rose Loire, France - US \$ 58.00**

**The above Wines are at a Supplemental Cost**  
**Vintages are subject to change based on the availability.**  
**Prices include a 10% VAT**

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## Food & Wine

*Ring in the New Year and celebrate 2019 with:*

- ◆ *2006 Dom Perignon Brut from the cellars of the Moët et Chandon, Epernay, France US\$ 385.00*
- ◆ *2006 Dom Perignon Brut from the cellars of the Moët et Chandon, Epernay, France US\$ 385.00*
- ◆ *Veuve Clicquot Brut - US\$121.00*
- ◆ *Moët et Chandon Brut Imperial N.V., Epernay, France - US\$ 127.00*

### *White Wines*

- ◆ *2012 Caymus Conundrum, Rutherford, California - US \$70.00*
- ◆ *2014 Dog Point, Sauvignon Blanc, Marlborough - US \$69.00*

### *Red Wines*

- ◆ *2012 Jordan Cabernet Sauvignon, Stellenbosch - US\$ 55.00*  
*2012 Gecci Chiant Classico Riserva D.O.C.G, Veneto - US\$ 76.00*

***The above Wines are at a Supplemental Cost  
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## Sommelier's Recommendations

### *Champagnes / Sparkling Wines*

<i>Maschio dei Cavalieri Valdobbiadene Prosecco Superiore</i>	<b>US\$ 38.00</b>
<i>Piper Heidsieck Brut, N.V.</i>	<b>US\$ 121.00</b>
<i>Bollinger Brut Champagne Special Cuvée N.V.</i>	<b>US\$ 180.00</b>
<i>Moët et Chandon Brut Imperial N.V.</i>	<b>US\$ 127.00</b>
<i>Moët et Chandon Brut Rosé Imperial N.V.</i>	<b>US\$ 138.00</b>
<i>Moët Ice Imperial, Demi-Sec, N.V. Epernay France</i>	<b>US\$ 143.00</b>
<i>2006 Dom Perignon Brut from the cellars of Moët et Chandon</i>	<b>US\$ 385.00</b>

***The above Wines are at a Supplemental Cost  
Vintages are subject to change based on the availability.  
Prices include a 10% VAT***





